

April 4 is "Take Your Parents to the Playground Day™;" Progressive Design Playgrounds Calls for a National Day for Play

Vista, CA, March 30, 2009 – Regular outdoor play makes children smarter, happier, healthier, creative and more self-confident. Play is so essential to a child's health and development it is their work. A child's job is to play. [Progressive Design Playgrounds \(www.pdplay.com\)](http://www.pdplay.com), leading designer and manufacturer of environmentally friendly [commercial playground equipment](#), [natural playgrounds](#), safety surfacing and recreation site furnishings, announced today a national day for play to motivate children to get outdoors and take their parents to their workplace: the play place in their community where they become happy, healthy human beings. Saturday, April 4, 2009 is Take Your Parents to the Playground Day.

Take Your Parents to the Playground Day coincides with Children & Nature Awareness Month, an event established by the Children & Nature Network (C&NN) to call attention to the importance of providing opportunities for all children to experience frequent, regular play in natural outdoor settings.

Children today are far less likely than past generations to spend time playing outdoors. A growing body of evidence reveals frequent outdoor play is critical to the development of children in every major way - intellectually, emotionally, socially, and physically. Earlier this year, Progressive Design Playgrounds launched a line of [natural playgrounds](#) called [Outdoor Learning Environments](#) in direct response to feedback from childhood development experts about the necessity of reconnecting children to nature and the outdoors. These natural playgrounds provide more opportunities for children to play with and among natural elements such as sand, water and living plants. Outdoor Learning Environments bridge traditional playgrounds and nature, creating a pioneering and fun way for children to fully reap the benefit of outdoor play. More information about natural playgrounds can be found at <http://www.outdoorlearningenvironments.com>

Take Your Parents to the Playground Day is a day for families to step away from modern amusements and rediscover and reconnect with unstructured play and the outdoors. "We believe the future of play is rooted in the past," said John Ogden, president of Progressive Design Playgrounds. "We created this day for outdoor play to motivate children and their parents to get outside for some old fashioned fun at the local playground, the park or even in their backyard."

[Progressive Design Playgrounds](#) designs and manufactures state-of-the-art and environmentally friendly commercial playground equipment, natural playgrounds, safety surfacing and recreation site furnishings. Based in Vista, California, Progressive Design Playgrounds' play structures and natural playgrounds are available worldwide through an extensive dealer network. For more information visit the company's website at www.pdplay.com.

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